

## VOIDING RECORD

**Void:** Write in the amount each time you pass urine in the toilet.

**Drink:** Write in the amount each time you have a drink.

**Wet event:** Teach time when you are wet.

Time	Void	Drink	Wet Event	Time	Void	Drink	Wet Event
6:00 am				6:00 am			
6:30 am				6:30 am			
7:00 am				7:00 am			
7:30 am				7:30 am			
8:00 am				8:00 am			
8:30 am				8:30 am			
9:00 am				9:00 am			
9:30 am				9:30 am			
10:00 am				10:00 am			
10:30 am				10:30 am			
11:00 am				11:00 am			
11:30 am				11:30 am			
12:00 noon				12:00 noon			
12:30 pm				12:30 pm			
1:00 pm				1:00 pm			
1:30 pm				1:30 pm			
2:00 pm				2:00 pm			
2:30 pm				2:30 pm			
3:00 pm				3:00 pm			
3:30 pm				3:30 pm			
4:00 pm				4:00 pm			
4:30 pm				4:30 pm			
5:00 pm				5:00 pm			
5:30 pm				5:30 pm			

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